

THE LIQUID EXPERIENCE, DAY & NIGHT mit Micky Remann & Musia Heike Bus
Toskana Therme and Hotel an der Therme Bad Orb
27.- 28. March 2026

Changing Mind, Body and Awareness in the Water



Do as the pebble does: when it lies dry, it often appears dull, boring, uninspiring. But as soon as it touches water, it sparkles like a precious diamond and feels like one too.

What we experience in water depends on how we chose to encounter it. Water is not just a useful commodity for showering and washing up. If we look more closely, water is an old, eternally young friend that accompanies us throughout our lives – and not just our lives, but all life.

Let's allow water to show us that there is more to it than we think. What actually do we think?



Water invites us to dive in, and we invite you to take water at its word, listen to its stories, and feel its movements.



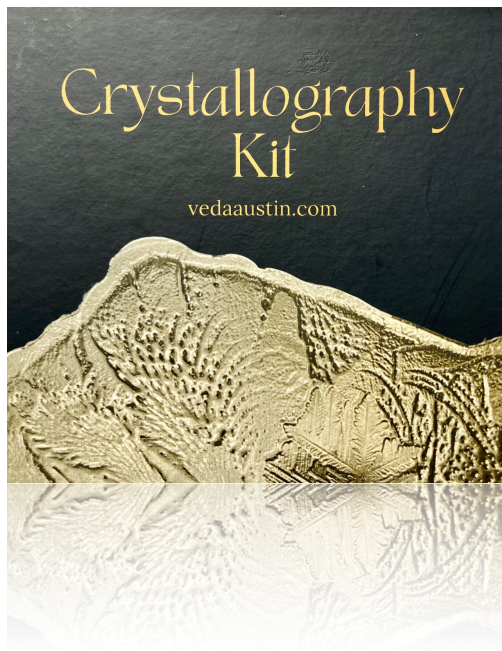
We will immerse our bodies in thermal water flooded with light and sound. The famous partners of the body, the mind and the soul, are invited to join in. How deep they go is up to them.

The Liquid Experience Day focuses on weightless floating in the oceanic universe, individually, in a group and guided by expert instructors.

On land, we will explore the stories of water, its importance as the elixir of life for our everyday lives and for the life of the blue planet.

Micky Remann is a German media artist and producer of media events. He invented the “Liquid Sound” concept and is responsible for the music and cultural programs at the Toskana Thermen in Bad Orb, Bad Sulza and Bad Schandau. He got the idea of transforming thermal baths into “concert halls filled with water” during musical dialogues with free-living whales. Micky Remann is author of the book „Ozeandertaler“, he is an honorary professor of immersive media at the Bauhaus University in Weimar and founder of the FullDome Festival at the Jena Planetarium. liquidsound.com

Musia Heike Bus has been accompanying people in the body-temperature thermal brine water of a Liquid Sound pool for over 30 years. This developed into the “supreme discipline” of Liquid Bodywork®: an individually tailored combination of aqua wellness bodywork, Hawaiian massage, holistic massage, and energy work in conjunction with Liquid Sound®, bathing in light and music. liquidbodywork.com



Visual language of water

In addition to getting to know Liquid Sound and Liquid Bodywork, there is some exciting news on the program. During a recent pilgrimage to Chartres, we had the honor of meeting Veda Austin and learning about her work. Veda is a New Zealand water researcher who has spent the last 14 years making the liquid intelligence of water visible. She photographs water in its “state of creation,” the space between liquid and ice. Through her remarkable crystallographic photos, water reveals its awareness not only of creation, but also of thoughts and intentions through a visual language of breathtaking beauty. vedaaustin.com

Bad Orb

In 2010, the Toskana Therme and the hotel on the thermal baths opened in Bad Orb. The town is centrally located in Germany and easy to reach from the Rhine-Main area and Frankfurt International Airport. The Kurpark gardens begin right outside the front door. The hotel has 112 rooms, all with balconies, a restaurant, and a wine bar & foyer bar. From your room, you can comfortably reach the directly connected Toskana Therme with Liquid Sound – bathing in light and music – with a sauna area and wellness area in your bathrobe.

Schedule

Friday

15:00 Check in Hotel
16:00 Introduction / Lecture
19:00 Dinner
20:00 Workshop
22:00 Water Session 1 – Nighttime

Saturday

07:00 Wake-up Meditation
07:45 Smoothie
08:00 Water Session 2 – Daytime
09:45 Art Session, directly after the Water
10:30 Buffet Breakfast
11:00 Check out Hotel Room for those, who leave Saturday
11:30 Council – Share, discuss, good bye
13:00 Lunch
14:00 Walk to Kurpark & Gradierwerk
15:00 End of Program

Recommendation, optional: spend an extra day at Hotel an der Therme in Bad Orb, possibly with use of Toskana Therme and/or booking an individual Liquid Bodywork Session, leave Sunday.

Seminar fee per person including conference package (includes dinner day 1, exclusive use of the pool during water sessions, lunch day 2, smoothie, drinks in the seminar room and during meals (water and apple juice spritzer). 345,00 €

Costs for overnight stay Hotel an der Therme: Double room 192.00 € per night, Double room for single use 122.00 € per night, including breakfast buffet.

Registration / Information

Musia Heike Bus
Institut für Aqua Wellness
Wunderwaldstr. 2
99518 Bad Sulza
ph. +49 160 96671160
musia@liquidbodywork.com
www.liquidbodywork.com